

# US Family Health Plan Prior Authorization Request Form for **Growth Hormone**

To be completed and signed by the prescriber. To be used only for prescriptions which are to be filled through the Department of Defense (DoD) US Family Health Plan Pharmacy Program. US Family Health Plan is a TRICARE contractor for DoD.

The completed form may be **faxed to 617-562-5296**

OR

The patient may attach the completed form to the prescription and **mail** it to:

**Attn: Pharmacy, 77 Warren St, Brighton, MA 02135**

**QUESTIONS? Call 1-877-880-7007**

Prior authorization expires after one year.

**Step 1** Please complete patient and physician information (Please Print)

Patient Name: \_\_\_\_\_ Physician Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Address: \_\_\_\_\_  
 Sponsor ID# \_\_\_\_\_ Phone #: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Secure Fax #: \_\_\_\_\_

**Step 2** Please indicate the specific product for which prior authorization is requested: \_\_\_\_\_  
 The DoD step preferred (formulary) growth hormone product is Norditropin FlexPro. Zomacton, and Omnitrope are formulary but non – step preferred. Non – formulary growth hormone products: Genotropin, Humatrope, Nutropin AQ NuSpin, Nutropin AQ Pen, Serostim, Zorbtive, and Saizen.

**Step 3** Please complete the clinical assessment

1. Is the patient a child less than 18 years of age?	<input type="checkbox"/> Yes Proceed to question 2	<input type="checkbox"/> No Proceed to question 5
2. Is the patient a child with one of the following conditions? <input type="checkbox"/> Growth Hormone Deficiency <input type="checkbox"/> Prader-Willi Syndrome (in patients with a negative sleep study for obstructive sleep apnea) <input type="checkbox"/> Turner Syndrome <input type="checkbox"/> Short stature homeobox gene (ShoX) gene mutation <input type="checkbox"/> Noonan's Syndrome <input type="checkbox"/> Chronic renal insufficiency associated with growth failure <input type="checkbox"/> Small for gestational age	<input type="checkbox"/> Yes Proceed to question 4	<input type="checkbox"/> No Proceed to question 3
3. For patients younger than 18 years of age who do not have one of the indications mentioned above, please provide the diagnosis.	<hr style="width: 80%; margin: 0 auto;"/> <p style="margin: 0;"><b>STOP</b> Coverage not approved</p>	
4. Is the prescription written by or in consultation with a pediatric endocrinologist or nephrologist who recommends therapeutic intervention and will manage treatment?	<input type="checkbox"/> Yes Proceed to question 8	<input type="checkbox"/> No <b>STOP</b> Coverage not approved
5. Is the patient an adult with growth hormone deficiency as a result of pituitary disease, hypothalamic disease, trauma, surgery, or radiation therapy, acquired as an adult or diagnosed during childhood?	<input type="checkbox"/> Yes Proceed to question 7	<input type="checkbox"/> No Proceed to question 6
6. Does the patient have HIV/AIDS wasting/cachexia or Short Bowel Syndrome?	<input type="checkbox"/> Yes Proceed to question 7	<input type="checkbox"/> No <b>STOP</b> Coverage not approved

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7. Is the prescription written by or in consultation with an appropriate specialist (endocrinologist, infectious disease specialist, general surgeon, or gastroenterologist)?	<input type="checkbox"/> Yes Proceed to question 8	<input type="checkbox"/> No <b>STOP</b> Coverage not approved
8. Which medication is being requested?	<input type="checkbox"/> Norditropin FlexPro - <b>Sign and date below</b> <input type="checkbox"/> Genotropin, Humatrope, Nutropin AQ Nuspin, Saizen, Zorbtive, Serostim, Omnitrope, or Zomacton – <b>Proceed to Question 9</b>	
9. Does the patient have a contraindication to Norditropin FlexPro?	<input type="checkbox"/> Yes <b>Sign and date below</b>	<input type="checkbox"/> No Proceed to question 10
10. Has the patient experienced an adverse reaction to Norditropin FlexPro that is not expected with the non-step preferred product (Genotropin, Humatrope, Nutropin AQ, Nuspin, Saizen, Zorbtive, Omnitrope or Zomacton)?	<input type="checkbox"/> Yes <b>Sign and date below</b>	<input type="checkbox"/> No <b>STOP</b> Coverage not approved
Please note that use of a Growth Stimulating Agent is not approved for the following: idiopathic short stature, the normal ageing process, obesity, or depression, other off-label uses (e.g., non-alcoholic fatty liver disease, cirrhosis, mild cognitive impairment, etc.) or concomitant use of multiple Growth Stimulating Agents.		

**Step 4** I certify that the above is correct to the best of my knowledge (Please sign and date):

\_\_\_\_\_  
Prescriber Signature

\_\_\_\_\_  
Date