

USFHP Prior Authorization Request Form for
Dupilumab (Dupixent)

To be completed and signed by the prescriber. To be used only for prescriptions which are to be filled through the Department of Defense (DoD) US Family Health Plan Pharmacy Program. US Family Health Plan is a TRICARE contractor for DoD.

The completed form may be faxed to 855-273-5735

OR

The patient may attach the completed form to the prescription and **mail** it to:

Attn: Pharmacy, 77 Warren St, Brighton, MA 02135

QUESTIONS? Call 1-877-880-7007

<https://www.usfamilyhealth.org/for-providers/pharmacy-information/>

Initial approvals expire after twelve months. Renewal approvals are indefinite. For renewal of therapy an initial Tricare prior authorization approval is required.

Step 1 Please complete patient and physician information (please print):

1	Patient Name: _____	Physician Name: _____
	Address: _____	Address: _____
	Sponsor ID # _____	Phone #: _____
	Date of Birth: _____	Secure Fax #: _____

Step 2 Please complete the clinical assessment:

2	1. Has the patient received this medication under the TRICARE benefit in the last 6 months? Please choose "No" if the patient did not previously have a TRICARE approved PA for Dupixent.	☐ Yes (subject to verification) proceed to question 2	☐ No proceed to question 4
	2. What is the indication or diagnosis?	☐ Moderate to severe or uncontrolled atopic dermatitis - proceed to question 3 ☐ Moderate to severe asthma with an eosinophilic phenotype or with oral corticosteroid dependent asthma - proceed to question 3 ☐ Chronic rhinosinusitis with nasal polyposis - proceed to question 3 ☐ Eosinophilic esophagitis – proceed to question 3 ☐ Prurigo nodularis – proceed to question 3 ☐ Moderate to severe chronic obstructive pulmonary disease - proceed to question 3 ☐ Chronic Spontaneous Urticaria – proceed to question 3 ☐ Chronic Bullous Pemphigoid – proceed to question 3 ☐ Allergic Fungal Rhinosinusitis – proceed to question 3 ☐ Other diagnosis - STOP Coverage not approved	
	3. Has the patient's disease severity improved and stabilized to warrant continued therapy?	☐ Yes Sign and date below	☐ No STOP Coverage not approved

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4. What is the patient's age?	☐ 18 years of age or older –proceed to question 5 ☐ 17 years of age or younger –proceed to question 6	
5. What is the indication or diagnosis for this adult patient?	☐ Moderate to severe or uncontrolled atopic dermatitis - proceed to question 8 ☐ Moderate to severe asthma with an eosinophilic phenotype or with oral corticosteroid dependent asthma - proceed to question 12 ☐ Chronic rhinosinusitis with nasal polyposis - proceed to question 17 ☐ Eosinophilic esophagitis – proceed to question 24 ☐ Prurigo nodularis – proceed to question 27 ☐ Moderate to severe chronic obstructive pulmonary disease (COPD) - proceed to question 32 ☐ Chronic Spontaneous Urticaria – proceed to question 37 ☐ Bullous Pemphigoid – proceed to question 40 ☐ Allergic Fungal Rhinosinusitis – proceed to question 46 ☐ Other diagnosis - STOP Coverage not approved	
6. What is the indication or diagnosis for this pediatric patient?	☐ Moderate to severe or uncontrolled atopic dermatitis - proceed to question 7 ☐ Moderate to severe asthma with an eosinophilic phenotype or with oral corticosteroid dependent asthma - proceed to question 11 ☐ Chronic rhinosinusitis with nasal polyposis - proceed to question 16 ☐ Eosinophilic esophagitis – proceed to question 23 ☐ Chronic Spontaneous Urticaria – proceed to question 36 ☐ Allergic Fungal Rhinosinusitis – proceed to question 45 ☐ Other diagnosis - STOP Coverage not approved	
7. Is the patient 6 months of age or older?	☐ Yes proceed to question 8	☐ No STOP Coverage not approved
8. Is the requested medication being prescribed by a dermatologist, allergist, or immunologist?	☐ Yes proceed to question 9	☐ No STOP Coverage not approved

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9. Does the patient have a contraindication to, intolerability to, or have they failed treatment with ONE medication in EACH of the following two categories: • Topical Corticosteroid: For patients 6 months to 17 years of age, topical corticosteroids can be any topical corticosteroid, including low potency steroids. For patients 18 years of age or older, high potency/class 1 topical corticosteroids (for example, clobetasol propionate 0.05% ointment/cream) is required. • Topical calcineurin inhibitor: Does not apply to patients less than 2 years of age.	☐ Yes proceed to question 10	☐ No STOP Coverage not approved
10. Does the patient have a contraindication to, intolerability to, inability to access treatment, or have they failed treatment with Narrowband UVB phototherapy?	☐ Yes proceed to question 44	☐ No STOP Coverage not approved
11. Is the patient 6 years of age or older?	☐ Yes proceed to question 12	☐ No STOP Coverage not approved
12. Is the requested medication being prescribed by an allergist, immunologist or pulmonologist?	☐ Yes proceed to question 13	☐ No STOP Coverage not approved
13. For which indication is the requested medication being prescribed?	☐ Moderate to severe asthma with an eosinophilic phenotype (baseline eosinophils greater than or equal to 150 cells/mcL) – proceed to question 14 ☐ Oral corticosteroid dependent asthma requiring at least 1 month of daily oral corticosteroid use within the past 3 months – proceed to question 44	
14. Is the patient's asthma uncontrolled despite adherence to optimized medication therapy regimen? Uncontrolled asthma is defined as requiring one of the following: Hospitalization for asthma in past year, OR two courses of oral corticosteroids in past year, OR daily high-dose inhaled corticosteroids with inability to taper off of the inhaled corticosteroids	☐ Yes proceed to question 15	☐ No STOP Coverage not approved
15. Has the patient tried and failed an adequate course (3 months) of TWO of the following while using a high-dose inhaled corticosteroid: • Long-acting beta agonist (LABA, such as Serevent, Striverdi) • Long-acting muscarinic antagonist (LAMA, such as Spiriva, Incruse) • Leukotriene receptor antagonist (such as Singulair, Accolate, Zflo)	☐ Yes proceed to question 44	☐ No STOP Coverage not approved
16. Is the patient 12 years of age or older?	☐ Yes proceed to question 17	☐ No STOP Coverage not approved

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17. Is the requested medication being prescribed by an allergist, immunologist, pulmonologist, or otolaryngologist?	☐ Yes proceed to question 18	☐ No STOP Coverage not approved
18. Is the presence of nasal polyposis confirmed by imaging or direct visualization?	☐ Yes proceed to question 19	☐ No STOP Coverage not approved
19. Does the patient have at least two of the following symptoms: mucopurulent discharge, nasal obstruction and congestion, decreased or absent sense of smell, or facial pressure and pain?	☐ Yes proceed to question 20	☐ No STOP Coverage not approved
20. Will Dupixent be only used as add-on therapy to standard treatments, including nasal steroids and nasal saline irrigation?	☐ Yes proceed to question 21	☐ No STOP Coverage not approved
21. Have the symptoms of chronic rhinosinusitis with nasal polyposis been inadequately controlled using ALL the following treatments: • Adequate duration of at least two different high-dose intranasal corticosteroids • Nasal saline irrigation • Past surgical history or endoscopic surgical intervention or has a contraindication to surgery	☐ Yes proceed to question 22	☐ No STOP Coverage not approved
22. Will the patient be using the 300 mg strength?	☐ Yes proceed to question 44	☐ No STOP Coverage not approved
23. Is the patient 1 year of age or older and weighs at least 15 kilograms?	☐ Yes proceed to question 24	☐ No STOP Coverage not approved
24. Is the requested medication being prescribed by or in consultation with a gastroenterologist, allergist or immunologist?	☐ Yes proceed to question 25	☐ No STOP Coverage not approved
25. Does the patient have a documented diagnosis of Eosinophilic Esophagitis (EoE) by endoscopic biopsy?	☐ Yes proceed to question 26	☐ No STOP Coverage not approved

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26. Has the patient tried and failed an adequate course of BOTH the following: • Proton pump inhibitor (PPI) at up to maximally indicated doses (adults: 20-40 mg twice daily omeprazole equivalent; children: 1-2mg/kg or equivalent), unless contraindicated or clinically significant adverse effects are experienced • Topical glucocorticoids [such as fluticasone (Flovent), budesonide (Pulmicort)] at up to maximally indicated doses, unless contraindicated, clinically significant adverse effects are experienced	☐ Yes proceed to question 44	☐ No STOP Coverage not approved
27. Is the requested medication being prescribed by a dermatologist, allergist, or immunologist?	☐ Yes proceed to question 28	☐ No STOP Coverage not approved
28. Does the patient have 20 or more identifiable nodular lesions in total on both arms, and/or both legs, and/or trunk?	☐ Yes proceed to question 29	☐ No STOP Coverage not approved
29. Has the patient experienced pruritus for 6 weeks or longer?	☐ Yes proceed to question 30	☐ No STOP Coverage not approved
30. Does the patient have a contraindication to, intolerability to, or has failed treatment with one high potency/class 1 topical corticosteroids (for example, clobetasol propionate 0.05% ointment/cream, fluocinonide 0.05% ointment/cream)?	☐ Yes proceed to question 31	☐ No STOP Coverage not approved
31. Does the patient have a contraindication to, intolerability to, inability to access treatment, or has failed treatment with phototherapy?	☐ Yes proceed to question 44	☐ No STOP Coverage not approved
32. Is the requested medication being prescribed by a pulmonologist?	☐ Yes proceed to question 33	☐ No STOP Coverage not approved
33. Does the patient have moderate to severe chronic obstructive pulmonary disease (COPD) with both chronic bronchitis and an eosinophilic phenotype (GREATER THAN 300 cells/microliter)?	☐ Yes proceed to question 34	☐ No STOP Coverage not approved

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34. Does the patient have uncontrolled COPD symptoms despite the use of all of the following: long-acting muscarinic antagonists (for example, Spiriva); long-acting-beta agonists (for example, formoterol); inhaled corticosteroid (for example, budesonide)?	☐ Yes proceed to question 35	☐ No STOP Coverage not approved
35. Is the requested medication being requested for add-on maintenance therapy for management of COPD?	☐ Yes proceed to question 44	☐ No STOP Coverage not approved
36. Is the patient 12 years of age or older?	☐ Yes proceed to question 37	☐ No STOP Coverage not approved
37. Is the requested medication being prescribed by a dermatologist, allergist, or immunologist?	☐ Yes proceed to question 38	☐ No STOP Coverage not approved
38. Does the patient have a diagnosis of chronic spontaneous urticaria with symptoms lasting longer than 6 weeks?	☐ Yes proceed to question 39	☐ No STOP Coverage not approved
39. Has the patient remained symptomatic despite a trial of at least 4 weeks up to 4 times the standard dosing of a second-generation histamine H-1 antihistamine (such as, cetirizine, levocetirizine, loratadine, desloratadine, fexofenadine)?	☐ Yes proceed to question 44	☐ No STOP Coverage not approved
40. Is the requested medication being prescribed by a dermatologist, allergist, or immunologist?	☐ Yes proceed to question 41	☐ No STOP Coverage not approved
41. Does the patient have an initial bullous pemphigoid disease area index (BPDAI) score GREATER THAN OR EQUAL TO 24?	☐ Yes proceed to question 42	☐ No STOP Coverage not approved
42. Does the patient have an initial Peak Pruritus Numeric Rating Scale score of GREATER THAN OR EQUAL TO 4?	☐ Yes proceed to question 43	☐ No STOP Coverage not approved
43. Has the patient failed treatment, have an intolerability to, or has a contraindication to all the following: (a) One high potency/class 1 topical corticosteroid (for example, clobetasol propionate 0.05% ointment/cream), (b) One oral corticosteroid (for example, prednisone, prednisolone), AND (c) Two additional adjuncts (for example, methotrexate, azathioprine, mycophenolate, cyclophosphamide, doxycycline)?	☐ Yes proceed to question 44	☐ No STOP Coverage not approved
44. Is the patient currently receiving another immunobiologic (for example, benralizumab [Fasenra], mepolizumab [Nucala], or omalizumab [Xolair])?	☐ Yes STOP Coverage not approved	☐ No Sign and date below

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45. Is the patient 6 years of age or older?	☐ Yes proceed to question 46	☐ No STOP Coverage not approved
46. Is the requested medication being prescribed by an allergist, immunologist, pulmonologist, or otolaryngologist?	☐ Yes proceed to question 47	☐ No STOP Coverage not approved
47. Does the patient have a past surgical history or endoscopic surgical intervention?	☐ Yes proceed to question 49	☐ No proceed to question 48
48. Does the patient have a contraindication to surgery?	☐ Yes proceed to question 49	☐ No STOP Coverage not approved
49. Are the patient's symptoms inadequately controlled despite topical treatments (for example, but not limited to, corticosteroids, saline irrigation)?	☐ Yes proceed to question 50	☐ No STOP Coverage not approved
50. Will the patient be using the requested medication concomitantly with other targeted immunobiologics, including but not limited to: Tumor Necrosis Factor (TNF) inhibitors, interleukins, Janus Kinase (JAK) inhibitors?	☐ Yes STOP Coverage not approved	☐ No Sign and date below

Step I certify the above is true to the best of my knowledge. Please sign and date:

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Prescriber Signature

Date

[26 August 2026]