

USFHP Prior Authorization Request Form for
apremilast (**Otezla**)

To be completed and signed by the prescriber. To be used only for prescriptions which are to be filled through the Department of Defense (DoD) US Family Health Plan Pharmacy Program. US Family Health Plan is a TRICARE contractor for DoD.

The completed form may be faxed to 855-273-5735

OR

The patient may attach the completed form to the prescription and **mail** it to:

Attn: Pharmacy, 77 Warren St, Brighton, MA 02135

QUESTIONS? Call 1-877-880-7007

<https://www.usfamilyhealth.org/for-providers/pharmacy-information/>

Prior authorization does not expire. Clinical documentation may be required for approval.

Step 1 Please complete patient and physician information (please print):

1

Patient Name: _____
Address: _____
Sponsor ID # _____
Date of Birth: _____

Physician Name: _____
Address: _____
Phone #: _____
Secure Fax #: _____

Step 2 Please complete clinical assessment:

2

1. How old is the patient?	<input type="checkbox"/> Less than 6 years of age- STOP - Coverage not approved <input type="checkbox"/> 6 to 17 years of age – proceed to question 3 <input type="checkbox"/> 18 years of age or older - proceed to question 2	
2. What is the indication or diagnosis for adult patients (18 years of age or older)?	<input type="checkbox"/> Active psoriatic arthritis – proceed to question 7 <input type="checkbox"/> Moderate to severe plaque psoriasis in a patient who is a candidate for phototherapy or systemic therapy – proceed to question 7 <input type="checkbox"/> Mild plaque psoriasis in a patient who is a candidate for systemic therapy or phototherapy– proceed to question 5 <input type="checkbox"/> Oral ulcers associated with Behcet's disease – proceed to question 12 <input type="checkbox"/> Other indication or diagnosis – STOP: Coverage not approved.	
3. What is the indication or diagnosis for pediatric patients (6 to 17 years of age)?	<input type="checkbox"/> Moderate to severe plaque psoriasis in a patient who is a candidate for systemic therapy or phototherapy - proceed to question 4 <input type="checkbox"/> Other indication or diagnosis – STOP: Coverage not approved.	
4. Does the patient weigh AT LEAST 20 kg?	<input type="checkbox"/> Yes proceed to question 7	<input type="checkbox"/> No STOP Coverage not approved

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<p>5. Does the patient have a contraindication to, intolerability to, or has failed treatment with medications from at least TWO of these THREE categories:</p> <ul style="list-style-type: none"> • Moderate to High Potency Topical Corticosteroids (class 1 - class 5) for example, clobetasol propionate 0.05% ointment/cream, fluocinonide 0.05% ointment/cream, betamethasone dipropionate 0.05% cream/lotion/ointment, etc.; • Steroid Sparing Agents: Vitamin D analogs (for example, calcipotriene and calcitriol), tazarotene, or topical calcineurin inhibitors (for example, tacrolimus and pimecrolimus); • Other Topicals: emollients, salicylic acid, anthralin, or coal tar? 	<p><input type="checkbox"/> Yes proceed to question 6</p>	<p><input type="checkbox"/> No STOP Coverage not approved</p>
<p>6. Does the patient have a contraindication to, intolerability to, inability to access treatment, or has failed treatment with phototherapy?</p>	<p><input type="checkbox"/> Yes proceed to question 11</p>	<p><input type="checkbox"/> No STOP Coverage not approved</p>
<p>7. Humira is the Department of Defense's preferred targeted biologic agent. Has the patient tried Humira?</p>	<p><input type="checkbox"/> Yes proceed to question 8</p>	<p><input type="checkbox"/> No proceed to question 10</p>
<p>8. Has the patient had an inadequate response to Humira?</p>	<p><input type="checkbox"/> Yes proceed to question 11</p>	<p><input type="checkbox"/> No proceed to question 9</p>
<p>9. Has the patient experienced an adverse reaction to Humira that is not expected to occur with the requested agent?</p>	<p><input type="checkbox"/> Yes proceed to question 11</p>	<p><input type="checkbox"/> No STOP Coverage not approved</p>
<p>10. Does the patient have a contraindication to Humira?</p>	<p><input type="checkbox"/> Yes proceed to question 11</p>	<p><input type="checkbox"/> No STOP Coverage not approved</p>
<p>11. Has the patient had an inadequate response to non-biologic systemic therapy? (For example: methotrexate, aminosaliclates [for example, sulfasalazine, mesalamine], corticosteroids, immunosuppressants [for example, azathioprine], etc.)</p>	<p><input type="checkbox"/> Yes proceed to question 12</p>	<p><input type="checkbox"/> No STOP Coverage not approved</p>

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<p>12. Will the patient be receiving other targeted immunomodulatory biologics with Otezla, including but not limited to the following: Actemra, Cimzia, Cosentyx, Enbrel, Humira, Ilumya, Kevzara, Kineret, Olumiant, Orencia, Remicade, Rituxan, Siliq, Simponi, Stelara, Taltz, Tremfya, Xeljanz/Xeljanz XR, Skyrizi, or Rinvoq ER?</p>	<p><input type="checkbox"/> Yes proceed to question 13</p>	<p><input type="checkbox"/> No Sign and date below</p>
<p>13. Please explain referencing literature to support combination use with Otezla and attests that the patient will be monitored closely for adverse effects.</p>	<p>_____ Sign and date below</p>	

Step 3 I certify the above is true to the best of my knowledge. Please sign and date:

_____	_____
Prescriber Signature	Date

[02 April 2025]