US Family Health Plan

Prior Authorization Request Form for

Liraglutide injection (Saxenda)

To be completed and signed by the prescriber. To be used only for prescriptions which are to be filled through the Department of Defense (DoD) US Family Health Plan Pharmacy Program. US Family Health Plan is a TRICARE contractor for DoD.

The completed form may be faxed to 855-273-5735

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The patient may attach the completed form to the prescription and **mail** it to:

Attn: Pharmacy, 77 Warren St, Brighton, MA 02135

QUESTIONS? Call 1-877-880-7007

Step		ed uses are not approved including diabetes mellitue complete patient and physician information (p					
1	Patient Name:		Physician Name:				
	Address:		Address:				
	Sponso	or ID #	Phone #:				
	Date of		Secure Fax #:				
Step 2	Please complete the clinical assessment:						
	1.	Has the patient received this medication under	☐ Yes	□No			
		the TRICARE benefit in the last 6 months? Please choose "No" if the patient did not previously have a TRICARE approved PA for Saxenda.	(subject to verification)	Proceed to question 2			
			Proceed to question 18				
	2. I	How old is the patient?	☐ Less than 12 years of aqapproved	ge - STOP Coverage not			
			☐ Greater than or equal to 12 years of age and less than 18 years of age - Proceed to question 3				
			☐ Greater than or equal to Proceed to question 9	o 18 years of age -			
	3.	Does the patient have a BMI GREATER THAN OR EQUAL TO the 95th percentile standardized for age?	☐ Yes	□ No			
			Proceed to question 4	STOP			
				Coverage not approved			
	4.	Has the patient engaged in behavioral modification and dietary restriction for at least 6 months and has failed to achieve the desired weight loss, and will remain engaged throughout course of therapy?	☐ Yes	□ No			
			Proceed to question 5	STOP			
				Coverage not approved			
	5.	Has the patient tried and failed Qsymia (or its individual generic components) and Wegovy?	☐ Yes	□ No			
			Proceed to question 8	Proceed to question 6			
	6.	Has the patient had an adverse reaction to	☐ Yes	□No			
		Qsymia (or its individual generic components)	Proceed to question 15	Proceed to guestion 7			

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7.	Does the patient have a contraindication to Qsymia (or its individual generic components)	☐ Yes	□ No				
	and Wegovy?	Proceed to question 8	STOP				
			Coverage not approved				
8.	Please provide the date of use and duration of therapy or contraindication for each medication listed pelow. Note: The dates and durations of therapy for each medication or contraindication to each medication listed below must be provided or your case could be denied.						
	Qsymia or one of its individual generic components - topiramate and phentermine: Date Duration of therapy						
	Contraindication						
	Wegovy:						
	Date Duration of therapy						
	Contraindication						
Proceed to question 15							
9.	Does the patient have a BMI GREATER THAN or	☐ Yes	□ No				
	EQUAL to 30, or a BMI GREATER THAN or EQUAL to 27 in the presence of at least one	Proceed to question 10	STOP				
	weight-related comorbidity (diabetes, impaired glucose tolerance, dyslipidemia, hypertension, sleep apnea)?		Coverage not approved				
10.	Has the patient engaged in behavioral modification and dietary restriction for at least 6 months and has failed to achieve the desired	☐ Yes	□ No				
		Proceed to question 11	STOP				
	weight loss, and will remain engaged throughout course of therapy?		Coverage not approved				
11.	Has the patient tried and failed ALL of the following weight loss (generic phentermine [or benzphetamine, diethylpropion (IR/SR) or phendimetrazine IR/SR], Qsymia, Contrave, Wegovy and Zepbound?	☐ Yes	□ No				
		Proceed to question 14	Proceed to question 12				
12.	Has the patient experienced an adverse reaction to ALL of the following weight loss medications (generic phentermine [or benzphetamine, diethylpropion (IR/SR) or phendimetrazine IR/SR], Qsymia, Contrave, Wegovy and Zepbound?	☐ Yes	□ No				
		Proceed to question 15	Proceed to question 13				
13.	Does the patient have a contraindication to ALL of the following weight loss medications (generic	☐ Yes	□No				
	phentermine [or benzphetamine, diethylpropion (IR/SR) or phendimetrazine IR/SR], Qsymia,	Proceed to question 14	STOP				
	Contrave. Wegovy and Zepbound?		Coverage not approved				

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14. Please provide the date of use and duration of therapy for all of weight loss medications listed below. Note: The dates and durations of therapy for each medication or contraindication to each medication listed below must be provided or your case could be denied. Phentermine, benzphetamine, diethylpropion (IR/SR), or phendimetrazine (IR/SR): Date _____ Duration of therapy _____ Qsymia (or one of its individual generic components - topiramate and phentermine): Date Duration of therapy Contrave (or one of its individual generic components bupropion or naltrexone): Date _____ Duration of therapy _____ Wegovy: Date _____ Duration of therapy _____ Zepbound: Date _____ Duration of therapy _____ Proceed to question 15 15. Is the patient pregnant? ☐ Yes □ No **STOP** Proceed to question16 Coverage not approved 16. Will the requested medication be used with ☐ Yes □ No another GLP1RA (for example, Bydureon, Trulicity, Byetta, Adlyxin, Victoza, Soliqua, **STOP** Proceed to question 17 Xultophy)? Coverage not approved 17. Does the patient have a history of or family ☐ Yes □ No history of medullary thyroid cancer, or multiple endocrine neoplasia syndrome type 2? **STOP** Sign and date below Coverage not approved 18. Is the patient currently engaged in behavioral ☐ Yes □ No modification and on a reduced calorie diet? Proceed to question 19 **STOP** Coverage not approved 19. How old is the patient? ☐ Less than 12 years of age - STOP Coverage not approved ☐ Greater than or equal to 12 years of age and less than 18 years of age - Proceed to question 20 ☐ Greater than or equal to 18 years of age -Proceed to question 21 20. Has the patient lost GREATER THAN or EQUAL ☐ Yes □ No to 4 percent of baseline body weight since starting medication despite 16 weeks of therapy Sign and date below **STOP** with full dosage titration? Coverage not approved

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	21. Has the patient lost GREATER THAN or EQUAL to 5 percent of baseline body weight since starting medication?	☐ Yes Sign and date below	□ No STOP Coverage not approved		
Step 3	I certify the above is true to the best of my knowledge. Please sign and date:				
	Prescriber Signature	Date			
			[28 Aug 2024]		