

US Family Health Plan  
 Prior Authorization Request Form for  
 liraglutide 3 mg injection (**Saxenda**), semaglutide 2.4mg injection  
 (**Wegovy**), tirzepatide injection (**Zepbound**)

To be completed and signed by the prescriber. To be used only for prescriptions which are to be filled through the Department of Defense (DoD) US Family Health Plan Pharmacy Program. US Family Health Plan is a TRICARE contractor for DoD.

The completed form may be faxed to 855-273-5735

OR

The patient may attach the completed form to the prescription and **mail** it to:

**Attn: Pharmacy, 77 Warren St, Brighton, MA 02135**

QUESTIONS? **Call 1-877-880-7007**

Medical documentation may be required. Failure to provide could result in denial. Initial therapy approves for 6 months, renewal approves for 12 months. For renewal of therapy an initial USFHP prior authorization approval is required.

**Step 1** Please complete patient and physician information (please print):

<b>1</b>	Patient Name: _____	Physician Name: _____
	Address: _____	Address: _____
	Sponsor ID #: _____	Phone #: _____
	Date of Birth: _____	Secure Fax #: _____

**Step 2** Please complete the clinical assessment:

<b>2</b>	<b>1. Has the patient received this medication under the USFHP benefit in the last 6 months? Please choose "No" if the patient did not previously have a USFHP approved PA for the requested medication.</b>	<input type="checkbox"/> Yes (subject to verification) Proceed to question 13	<input type="checkbox"/> No <b>Proceed to question 2</b>
	<b>2. How old is the patient?</b>	<input type="checkbox"/> Less than 12 years of age - <b>STOP Coverage not approved</b> <input type="checkbox"/> Greater than or equal to 12 years of age and less than 18 years of age - Proceed to question 3 <input type="checkbox"/> Greater than or equal to 18 years of age - Proceed to question 4	
	<b>3. Does the patient have BMI GREATER THAN OR EQUAL TO the 95th percentile standardized for age and sex?</b>	<input type="checkbox"/> Yes Proceed to question 5	<input type="checkbox"/> No <b>STOP</b> <b>Coverage not approved</b>
	<b>4. Does the patient have BMI GREATER THAN or EQUAL to 30, or a BMI GREATER THAN or EQUAL to 27 for those with risk factors in addition to obesity (diabetes, impaired glucose tolerance, dyslipidemia, hypertension, sleep apnea)?</b>	<input type="checkbox"/> Yes Proceed to question 5	<input type="checkbox"/> No <b>STOP</b> <b>Coverage not approved</b>

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<b>5. Has the patient tried and failed or has a contraindication to ALL of the following agents: generic phentermine, Qsymia, and Contrave?</b>	<input type="checkbox"/> Yes Proceed to question 6	<input type="checkbox"/> No <b>STOP</b> Coverage not approved
<b>6. Please provide the date and duration or contraindication for each medication listed below.</b> <i>Note: The dates and durations of therapy for each medication or contraindication to each medication listed below must be provided or your case could be denied. Send clinical documentation.</i> Phentermine: Date _____ Duration of therapy _____ Contraindication _____ Qsymia: Date _____ Duration of therapy _____ Contraindication _____ Contrave: Date _____ Duration of therapy _____ Contraindication _____ <p style="text-align: center;">Proceed to question 9</p>		
<b>7. Is the patient diabetic?</b>	<input type="checkbox"/> Yes Proceed to question 8	<input type="checkbox"/> No Proceed to question 9
<b>8. Has the patient tried and failed metformin and the preferred GLP1-RAs (Trulicity)?</b>	<input type="checkbox"/> Yes Proceed to question 9	<input type="checkbox"/> No <b>STOP</b> Coverage not approved
<b>9. Will the requested medication be used with another GLP1RA (for example, Bydureon, Trulicity, Byetta, Adlyxin, Victoza, Soliqua, Xultophy)?</b>	<input type="checkbox"/> Yes <b>STOP</b> Coverage not approved	<input type="checkbox"/> No Proceed to question 10
<b>10. Does the patient have a history of or family history of medullary thyroid cancer, or multiple endocrine neoplasia syndrome type 2?</b>	<input type="checkbox"/> Yes <b>STOP</b> Coverage not approved	<input type="checkbox"/> No Proceed to question 11
<b>11. Has the patient engaged in a trial of behavioral modification and dietary restriction for at least 6 months and has failed to achieve the desired weight loss, and will remain engaged throughout course of therapy?</b>	<input type="checkbox"/> Yes Proceed to question 12	<input type="checkbox"/> No <b>STOP</b> Coverage not approved
<b>12. Is the patient pregnant?</b>	<input type="checkbox"/> Yes <b>STOP</b> Coverage not approved	<input type="checkbox"/> No Sign and date below
<b>13. Is the patient currently engaged in behavioral modification and on a reduced calorie diet?</b>	<input type="checkbox"/> Yes Proceed to question 14	<input type="checkbox"/> No <b>STOP</b> Coverage not approved

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<b>14. How old is the patient?</b>	<input type="checkbox"/> Less than 12 years of age - <b>STOP Coverage not approved</b> <input type="checkbox"/> Greater than or equal to 12 years of age and less than 18 years of age - Proceed to question <b>16</b> <input type="checkbox"/> Greater than or equal to 18 years of age - Proceed to question <b>15</b>	
<b>15. Has the patient lost GREATER THAN or EQUAL to 4 percent of baseline body weight since starting medication despite 16 weeks of therapy?</b>	<input type="checkbox"/> Yes Proceed to question 17	<input type="checkbox"/> No <b>STOP</b> <b>Coverage not approved</b>
<b>16. Has the patient experienced a reduction of AT LEAST 5 percent of baseline BMI?</b>	<input type="checkbox"/> Yes Proceed to question 17	<input type="checkbox"/> No <b>STOP</b> <b>Coverage not approved</b>
<b>17. Is the patient pregnant?</b>	<input type="checkbox"/> Yes <b>STOP</b> <b>Coverage not approved</b>	<input type="checkbox"/> No <b>Sign and date below</b>

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**Step 3** I certify the above is true to the best of my knowledge. Please sign and date:

\_\_\_\_\_  
 Prescriber Signature

\_\_\_\_\_  
 Date

[21 November 2023]