

# US Family Health Plan

## Prior Authorization Request Form for

### Testosterone Cypionate and Testosterone Enanthate IM injections

To be completed and signed by the prescriber. To be used only for prescriptions which are to be filled through the Department of Defense (DoD) US Family Health Plan Pharmacy Program. US Family Health Plan is a TRICARE contractor for DoD.

The completed form may be faxed to 855-273-5735

OR

The patient may attach the completed form to the prescription and **mail** it to:

**Attn: Pharmacy, 77 Warren St, Brighton, MA 02135**

**QUESTIONS? Call 1-877-880-7007**

Prior authorization for initial therapy expires in 1 year. Prior authorization for continuation of therapy does not expire.

Prior authorization is not required for patients less than 1 year of age.

**Step 1** Please complete patient and physician information (please print):

|                      |                       |
|----------------------|-----------------------|
| Patient Name: _____  | Physician Name: _____ |
| Address: _____       | Address: _____        |
| Sponsor ID #: _____  | Phone #: _____        |
| Date of Birth: _____ | Secure Fax #: _____   |

**Step 2** Please complete the clinical assessment:

|   |   |  |
|---|---|--|
| <p><b>1. Will the requested medication be used concomitantly with other testosterone products?</b></p>  | <input type="checkbox"/> Yes<br><b>STOP</b><br><b>Coverage not approved</b>   | <input type="checkbox"/> No<br>Proceed to question 2                       |
| <p><b>2. Has the patient received this medication under the USFHP benefit in the last 6 months? Please choose "No" if the patient did not previously have a USFHP approved PA for the requested medication.</b></p> | <input type="checkbox"/> Yes<br>(subject to verification)<br>Proceed to question 3  | <input type="checkbox"/> No<br>Proceed to question 5                       |
| <p><b>3. Has the patient had a positive response to therapy?</b></p>  | <input type="checkbox"/> Yes<br>Proceed to question 4   | <input type="checkbox"/> No<br><b>STOP</b><br><b>Coverage not approved</b> |
| <p><b>4. Do the risks of continued therapy outweigh the benefits?</b></p>   | <input type="checkbox"/> Yes<br><b>STOP</b><br><b>Coverage not approved</b>   | <input type="checkbox"/> No<br><b>Sign and date below</b>                  |
| <p><b>5. What is the diagnosis or indication?</b></p>   | <input type="checkbox"/> Hypogonadism - Proceed to question 6<br><input type="checkbox"/> Female-to-male gender reassignment (endocrinologic masculinization) - Proceed to question 13<br><input type="checkbox"/> Breast cancer - Proceed to question 21<br><input type="checkbox"/> Other - <b>STOP Coverage not approved</b> |  |

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|--|--|---|
| <p><b>6. Was the patient male at birth?</b></p>  | <p align="center"><input type="checkbox"/> Yes<br/>Proceed to question 7</p>                 | <p align="center"><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p><b>7. Is the patient 18 years of age or older?</b></p>  | <p align="center"><input type="checkbox"/> Yes<br/>Proceed to question 9</p>                 | <p align="center"><input type="checkbox"/> No<br/>Proceed to question 8</p>                 |
| <p><b>8. Is the prescription written by or in consultation with a pediatric endocrinologist?</b></p>   | <p align="center"><input type="checkbox"/> Yes<br/><b>Sign and date below</b></p>            | <p align="center"><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p><b>9. Does the patient have a diagnosis of hypogonadism as evidenced by 2 or more morning total testosterone levels below 300 ng/dL?</b></p>                              | <p align="center"><input type="checkbox"/> Yes<br/>Proceed to question 10</p>                | <p align="center"><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p><b>10. Has the provider investigated the etiology of the low testosterone levels and acknowledges that testosterone therapy is clinically appropriate and needed?</b></p> | <p align="center"><input type="checkbox"/> Yes<br/>Proceed to question 11</p>                | <p align="center"><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p><b>11. Does the patient have prostate cancer?</b></p>   | <p align="center"><input type="checkbox"/> Yes<br/><b>STOP</b><br/>Coverage not approved</p> | <p align="center"><input type="checkbox"/> No<br/>Proceed to question 12</p>                |
| <p><b>12. Is the patient experiencing symptoms usually associated with hypogonadism?</b></p>   | <p align="center"><input type="checkbox"/> Yes<br/><b>Sign and date below</b></p>            | <p align="center"><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p><b>13. Does the patient have a diagnosis of gender dysphoria made by a USFHP authorized mental health provider according to most current edition of the DSM?</b></p>      | <p align="center"><input type="checkbox"/> Yes<br/>Proceed to question 14</p>                | <p align="center"><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p><b>14. Is the patient an adult?</b></p>   | <p align="center"><input type="checkbox"/> Yes<br/>Proceed to question 17</p>                | <p align="center"><input type="checkbox"/> No<br/>Proceed to question 15</p>                |
| <p><b>15. Is the patient greater than or equal to 16 years of age?</b></p>   | <p align="center"><input type="checkbox"/> Yes<br/>Proceed to question 16</p>                | <p align="center"><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p><b>16. Has the patient experienced puberty to at least Tanner stage 2?</b></p>  | <p align="center"><input type="checkbox"/> Yes<br/>Proceed to question 17</p>                | <p align="center"><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |

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|--|--|---|
| <p><b>17. Does the patient have signs of breast cancer?</b></p>  | <p align="center"><input type="checkbox"/> Yes<br/><b>STOP</b><br/>Coverage not approved</p> | <p align="center"><input type="checkbox"/> No<br/>Proceed to question <b>18</b></p>         |
| <p><b>18. Is the patient a biological female of childbearing potential?</b></p>  | <p align="center"><input type="checkbox"/> Yes<br/>Proceed to question <b>19</b></p>         | <p align="center"><input type="checkbox"/> No<br/>Proceed to question <b>20</b></p>         |
| <p><b>19. Is the patient pregnant or breastfeeding?</b></p>  | <p align="center"><input type="checkbox"/> Yes<br/><b>STOP</b><br/>Coverage not approved</p> | <p align="center"><input type="checkbox"/> No<br/>Proceed to question <b>20</b></p>         |
| <p><b>20. Does the patient have psychiatric comorbidity that would confound a diagnosis of gender dysphoria or interfere with treatment (for example, unresolved body dysmorphic disorder; schizophrenia or other psychotic disorders that have not been stabilized with treatment)?</b></p> | <p align="center"><input type="checkbox"/> Yes<br/><b>STOP</b><br/>Coverage not approved</p> | <p align="center"><input type="checkbox"/> No<br/>Sign and date below</p>                   |
| <p><b>21. Is the patient female?</b></p>   | <p align="center"><input type="checkbox"/> Yes<br/>Proceed to question <b>22</b></p>         | <p align="center"><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p><b>22. Is the prescription written by or in consultation with an oncologist?</b></p>  | <p align="center"><input type="checkbox"/> Yes<br/>Sign and date below</p>                   | <p align="center"><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |

**Step 3** I certify the above is true to the best of my knowledge. Please sign and date:

\_\_\_\_\_  
Prescriber Signature

\_\_\_\_\_  
Date

[5 April 2023]